



# Essential Membership Add-On Features

## Zion Health

Your Zion Health Essential Membership is customizable! Our add-on features give you access to services like mental health care, telemedicine, and preventive office visits. None of our add-on features require you to pay an IUA before taking advantage of these services. Learn why the Essential Membership is the flexible healthcare solution you've been searching for.

## Connected

Share in routine, preventive services—all 100% shareable without network limitations

Service	Waiting Period	Sharing Cap	Details
<b>Annual office visit</b>	No wait	\$250	Can be used for a preventive visit, specialist visit, dentist visit, etc.
<b>Youth immunizations (ages 0-16)</b>	6 months	No cap	Connected shares in immunizations set forth by the CDC. The office fees are not shareable as part of the immunizations.
<b>Preventive colonoscopy</b>	6 months	\$3,000	Shareable every 10 years starting at age 45.
<b>Preventive mammogram</b>	6 months	\$600	Only preventive, not diagnostic, mammograms are shareable with Connected.

## Rx Share

Premium discounts of up to 75% on your everyday prescriptions.

- Generic prescriptions for as low as \$5 for a 30-day supply.
- Save trips to the pharmacy with 3-month supplies.
- Access your prescription details and browse online at [optumrx.com](https://optumrx.com).

# Teladoc

24/7 access to licensed care professionals without the wait for an office visit or the copay. Get immediate medical advice and prescriptions sent to your local pharmacy.

- Unlimited consultations.
- \$0 regular visits.
- Care from the comfort of your home.

# LifeWorks

Schedule counselling appointments with mental health professionals, virtually or in your local area.

- Individual treatment plan prescribed by a LifeWorks professional.
- \$0 session fees.
- Access to LifeWorks app with mental health resources.

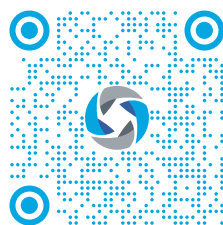
# PHCS Network

Access to one of the nation's largest networks of medical providers.

- Providers in all 50 states.
- Pre-negotiated discounts for many services not shareable with the Zion Health community.

# PRICING

Feature	Member only	Member + spouse	Member + children	Member + family
<b>Connected</b>	\$20	\$40	\$40	\$60
<b>Rx Share</b>	\$10	\$15	\$15	\$20
<b>Teladoc</b>	\$5	\$10	\$10	\$15
<b>LifeWorks</b>	\$5	\$10	\$10	\$20
<b>PHCS Network</b>	\$5	\$5	\$5	\$5



**Scan the code to learn more about Zion Health's Essential Membership.**